



PARKLANDS COMMUNITY PRIMARY SCHOOL

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08.01.24

Dear parents and carers,

In the weeks leading up to Christmas, a few classes trialled a new PSHE (Personal, Social and Health Education) Programme called Jigsaw, the mindful approach to PSHE.

The lessons build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure that some of you may have heard about the Jigsaw Friends and Calm Me time.

This term, the whole school is starting this new approach to teaching PSHE. The units (puzzles) are Dreams and Goals, and Healthy Me. Throughout this term, the children will be looking at concepts such as success and failure, aspirations and goals, followed by maintaining a healthy diet, and sustaining healthy relationships. The Summer Term Puzzles (units) are about Relationships and Changing Me.

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 5 and 6 lessons look more fully at puberty and human reproduction.

As the materials are new, we warmly invite you to attend a session at school in which we can answer any questions you may have on 25th January at 9.00.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers. Relationships Education and Health Education are statutory for all primary schools but we would value the opportunity to share these statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and will look forward to sharing them with you and answering any questions you may have.

Please complete the ParentMail form to let us know you are able to attend the meeting on January 25th at 09.00.

Thank you

Michelle Earnshaw
Deputy Headteacher