

# PARKLANDS COMMUNITY PRIMARY SCHOOL

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Website: <a href="https://www.parklands.w-sussex.sch.uk">www.parklands.w-sussex.sch.uk</a> Headteacher: Miss Charlotte Angeli

19/01/24

Walnut and Willow Classes

Dear Parents/Carers,

We informed you in December that Year 6 would be participating in Bikeability training in school, starting the week of 19<sup>th</sup> February 2024. The school will be funding 75% of the cost but we are kindly now asking for a £5.00 voluntary contribution to be paid through our online system. In addition, the West Sussex consent form attached to this letter needs to be filled in and returned to school for your child to be allowed to participate. Paper copies can be collected from the office if needed. Both payment and the consent form need to be returned by Monday 5<sup>th</sup> February 2024.

## Please note the following information from West Sussex Cycle team:

- 1.The course is designed for riders who have reasonable control of a bicycle. This course is not suitable for complete beginners (Please contact the cycle training team for more information on complete beginners training at CycleTraining@westsussex.gov.uk).
- 2. Riders travelling to and from school during the week of Bikeability training remain the responsibility of their parents.

## 3. To take part in a Bikeability Course, riders must have the following:

- A roadworthy bicycle that is in good working order and of the correct size. Please refer to pages 6 and 7 of the Cycle Right Magazine for bike checks.
- Both front and rear brakes must be in full working order, the tyres must be in good condition and pumped up, the handlebars securely attached and fitted with bar end plugs.
- An approved correctly fitting cycle helmet. Please refer to page 7 of the Cycle Right Magazine).
- Appropriate dress for the weather conditions. (A waterproof coat if it is raining and sunscreen if it is hot and sunny).
- Our Instructors have the right to refuse to train a pupil if the above criteria are not met.

### 4. Accompanying Information:

<u>Cycle Right Magazine</u>: Here is a link to our Bikeability magazine which outlines the course content as well as other safety advice:

https://www.westsussex.gov.uk/media/11975/cycle\_right.pdf

<u>Consent form</u>: It is essential that this form is completed, signed by a parent/guardian and sent back to the school before the training week commences. This is attached.

















<u>Bikeability club</u>: Here is the link to the Bikeability club which you can join and receive newsletters with more information about Bikeability training, as well as useful hints and tips on riding together as a family and enjoying cycling after your Bikeability course, plus offers, promotions and other opportunities. <a href="https://www.bikeability.org.uk/go-cycling/bikeability-club/">https://www.bikeability.org.uk/go-cycling/bikeability-club/</a>

### 5. Assessments:

- •Your child's cycling ability will be continually assessed throughout the course of training. There is no 'test' at the end.
- •ALL riders who sign up to Bikeability must demonstrate all Level 1 Bikeability outcomes before progressing onto road. Riders needing more time to improve their Level 1 control skills will remain in a traffic free environment.
- •If riders are not proceeding to the Level 2 on-road course, they will receive a Level 1 booklet, badge and certificate.
- •ALL riders who proceed to the Level 2 on-road course (or part of it) now receive a Level 2 certificate, badge & booklet to show they have taken part in Level 2

#### Please note:

- •Any rider who does not meet the minimum Level 1 standard will not progress onto the road until these outcomes are met. We will advise of an alternative and customised training pathway.
- •In the interest of safety, the Road Safety Team reserves the right to decline training at any stage of the course to any rider who does not meet the basic requirements, or whose behaviour may put at risk the safety of other people, including instructors, volunteers, other trainees or themselves.

Should you have any further questions regarding the Bikeability cycle training, or for further advice and guidance please email <a href="mailto:CycleTraining@westsussex.gov.uk">CycleTraining@westsussex.gov.uk</a>.

Amanda Gillham
Cycle Training Development Officer

On Tuesday 20<sup>th</sup> February 2024 (there is an INSET day on 19<sup>th</sup> February), please can **Willow class** bring their bikes to school in the morning and park them in or near the bike shelters on the small playground. On Monday 26<sup>th</sup> February 2024, please can **Walnut class** then do the same (there may be 6 children from Willow who do their training this week too but Mrs Sweeney will advise those parents/carers). The children will all cycle on the first day of training but then afterwards, they will be in pairs with an instructor for a two-hour intensive session. The Cycle team ask for the bikes to be in school all week in case they want to do any extra training with the children.

Do pop into school, if you have any questions. Thank you for your continued support.

Yours sincerely,

K. Hill

Mrs Hill Mrs Sweeney

Year 6 Class Teachers















